



**REGISTRATION**

**DATE:** \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone# for Confirmation: \_\_\_\_\_ Cell \_\_\_\_\_

Birth Date \_\_\_\_\_ Occupation \_\_\_\_\_ E-Mail \_\_\_\_\_

***BRIEF HEALTH HISTORY***

1. Instruction Preference:  Group Class or  Private Lesson. (Please Check)
2. How did you hear about Studio BE Pilates? (If applicable, include your referring doctor/chiropractor/physical therapist/massage therapist, etc).
3. What specific fitness or health goals do you hope to achieve through the Pilates method?
4. List all previous and current physical activities.
5. Describe your physical history, listing injuries, ailments, illnesses, surgeries, pregnancies, and any significant medical treatments. Check all body parts that are involved. Where appropriate, please specify Right ® or Left (L)

_____ Head	_____ Lower Back
_____ Neck	_____ Ribs
_____ Shoulder	_____ Abdomen
_____ Arm/Hand	_____ Hip/Pelvis
_____ Upper Back	_____ Knee
_____ Middle Back	_____ Ankle/Foot

***\*By affixing my initial here, I declare myself to be responsible for my own health and safety while participating in classes and any other sessions at Studio BE Pilates/ PT-One LLC: \_\_\_\_\_***

**EMERGENCY CONTACT INFORMATION:**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

***\*Pre-Registration is required . Advance Reservations are recommended, but keep in mind that you will be charged without giving a 24-hour notice of cancellation. Packages are non refundable.***

Package  Intro  Private  Class Amount: \$ \_\_\_\_\_

Payment Information  Cash /Check  Credit Card Card #: \_\_\_\_\_ Ex: \_\_\_\_\_

Signature \_\_\_\_\_ Date: \_\_\_\_\_



**Waiver of Liability and Informed Consent Release  
and Cancellation Policy**

PLEASE READ ENTIRE POLICY CAREFULLY BEFORE SIGNING.

I have enrolled in a program of exercise and physical conditioning offered by Studio BE Pilates (PT-One LLC). I understand that participation in this program, like any physical conditioning activity or exercise program, presents some unavoidable risk of injury, especially to people who have pre-existing injuries, illness or medical disabilities. I understand that the use of exercise equipment also carries with it a risk of injury. I recognize that many changes may occur as a result of exercise lessons, including but not limited to, possible short-term aggravation of some symptoms, feeling of tiredness, light-headedness, increased energy, and mood changes.

I also understand that a medical evaluation is advisable before commencing any program of physical conditioning or exercise. I have or will continue to keep Studio BE Pilates fully informed of any physical condition or disability, which would prevent or limit my participation in an exercise or physical conditioning program. I acknowledge that, although the conditioning program I participate in may have substantial physical benefits, neither Studio BE Pilates (PT-One LLC) nor its employees are engaged in diagnosing or treating medical diseases or deficiencies. I further understand that many apparatus classes require prior evaluation of my fitness level and that I am responsible for attending the appropriate level class.

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For Participants in Pilates Classes Only:

I understand that from time to time, a class in Pilates method conditioning may be conducted by a Pilates method student apprentice. The student apprentice conducting the class may not have completed the full requirements for certification to teach the Pilates method.

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In consideration for permission for me/the below named child (circle as appropriate) to use the facilities of Studio BE Pilates (PT-One LLC) and engage in its programs, I, the do hereby release, acquit, discharge, indemnify, and hold harmless Studio BE Pilates (PT-One LLC), its officers, personnel, employees and agents from any and all cause or causes of action, including personal injury, illness, death, property damage, cost, charges, claims, demands, and liabilities of whatever kind, name, or nature in any manner arising from the use of such facilities and participation in the programs.



Moreover, I expressly assume all risks of my participation in the programs of Studio BE Pilates (PT One LLC) and agree not to initiate suit or any form of litigation or judicial proceeding or to make any claim or claims of any type against Studio BE Pilates or PT-One LLC, its officers, personnel, employees, or agents, to include, but not limited to death, personal injury, medical claims or property damage, directly or indirectly relating to or arising from or arising out of or by reason of the use of the facilities and participation in the programs.

This agreement is intended to cover all claims for all injuries, fatal or nonfatal, and illnesses of every name, type, kind or nature and property damage, if any, which are or may be sustained or suffered from any cause whatsoever directly or indirectly connected with or arising out of or by reason of the use of the facilities and participation in the programs.

Furthermore, I agree to reimburse Studio BE Pilates (PT-One LC), as required by applicable regulations and the laws of the United States of America for any costs, debts, or liabilities predicted upon the loss of, damage to, or destruction of any property owned, leased or controlled by Studio BE Pilates (PT-One LLC) which occurs as a result of the intentional or negligent acts or omissions by me. I, the undersigned, hereby agree to indemnify and hold harmless Studio BE Pilates (PT-One LLC), its officers, personnel, employees or agents against judgments obtained by me or my ward or child, as appropriate.

In addition, Studio BE Pilates (PT-One LLC) shall not be responsible or liable for any articles lost, stolen or damages, in or about the studio.

In the case of teacher illness or emergency, another Studio BE Pilates teacher will be automatically substituted. We will try to notify each client whenever possible.

**CANCELLATION POLICY: I understand that if I must cancel a scheduled appointment, I must notify Studio BE Pilates at least 24 hours in advance or I will be held responsible for payment in full.**

*\*Pre-Registration for classes is required . Advance Reservations are recommended, but keep in mind that you will be charged if we do not have a 24-hour notice of cancellation. Packages are non refundable.*

I have read the policies and notices above, and by signing this document, understand and agree to the terms as stated.

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*Print Name*

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*Signature (Parent/Guardian if under the age of 18)*

*Date*